Guided self-determination (GSD) facilitator certification Overview of training programme

Preparation:

- 2 preparatory assignments
- Leadership involvement

E-learning modules:

- ■GSD Theory
- GSD Communication elements

Preparation for first class:

Read items on mandatory reading list

First face to face class:

- Knowledge sharing and lessons learned
- Practicing verbal communication skills based on a real-life patient case - GSD intervention

GSD training:

- 2 GSD training sessions with patients/users
- Individual supervision sessions with senior GSD trainer
- Individual report (includes logbook & fidelity tool)

Preparation for second class:

- Read items on mandatory reading list
- Revisit e-learning modules, if needed

Second face to face class:

- Group supervision
- Implementing GSD in clinical practice – introduction and examples

E-learning module:

■Final exam

Post-program activities

v. 2 (2018). Based on R. Brinkerhoff's high impact learning principles and the inverted classroom method.

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